

The coaches of LDHS are excited to once again host Falcon Football Camp for the youth of the Lake Cities area. We strive to provide a fun and learning experience for students entering first through ninth grades.

The camp will provide students of all athletic ability to improve their skills and knowledge specific to football. Falcon Football Camp is designed to benefit both the beginning football player as well as the player who has a lot of experience.

See you at camp!

Future Falcons Football Camp is designed to allow each player to develop both skills and knowledge about football. Emphasis is placed on overall fundamentals by introducing campers to a sound teaching base in individual positions.	
<u>OFFENSE</u>	<u>DEFENSE</u>
Quarterback	Linebacker
Receiver	Corner
Running Back	Safety
Offensive Line	Defensive Line

### Important Camp Information

- Wear shorts and a t-shirt (camp shirt on last day)
- Cleats or tennis shoes are recommended
- Water is provided, but campers are encouraged to bring their own water or a sports drink

# SPECIALTY CAMPS

Specialty Camps are only offered to incoming 7th—9th graders.

## QUARTERBACK CAMP

**\$45**  
**10:10 am - 10:50 am**

Coach Males works with campers to develop essential quarterback skills

Proper Grip  
Footwork  
Correct Throwing Form  
Reading Defensive Coverage

## KICKING & SNAPPING CAMP

**\$45**  
**10:10 am - 10:50 am**

Coach Smith and Coach Hill teach campers the fundamentals during the Kicking and Snapping Mini-Camp

Punt  
Kick Off  
Field Goal / PAT  
Long Snapping (Punt)  
Short Snapping (Field Goal / PAT)

Specialty Camps are separate from Future Falcon Football Camp. Campers that are a part of Quarterback Camp or Kicking and Snapping Camp are not required to attend Football Camp.

**PLEASE TEAR OFF THIS FORM AND FILL OUT BOTH FRONT AND BACK BEFORE RETURNING TO LDHS FOOTBALL CAMP**

T-Shirt Size

- Youth Small     Youth Medium     Small  
 Medium     Large     X-Large

Additional T-Shirts are \$10 Each.  
Please Indicate Size and Quantity.

Size \_\_\_\_\_ Quantity \_\_\_\_\_

This three day camp is \$60 and includes a camp shirt. Employees of Lake Dallas ISD will receive a \$10 discount with district identification.

**Make checks payable to Falcon 7 on 7**

Name \_\_\_\_\_

Age \_\_\_\_\_ Grade (Fall 2018) \_\_\_\_\_

Address \_\_\_\_\_

School \_\_\_\_\_

Football Camp     Quarterback Camp

Kicking Camp

Method of Payment::  Check     Cash

**PLEASE RETURN FORM WITH PAYMENT TO:**

**LAKE DALLAS 7 ON 7  
ATTN: COACH SMITH  
3016 PARKRIDGE  
CORINTH, TX 76210**

In consideration of the Falcon Football Camps and granting the camper permission to participate, I hereby state that the Falcon Football Camp is not responsible for any pre-existing injury, recurrence of any undisclosed pre-existing injury or illness of the camper. I further acknowledge and release the Lake Dallas Independent School District, Lake Dallas High School, Falcon Football Camp, camp staff, and all participants in said football camp, from liability, including claims and suits at law or in equity, for injury which may result from the camper taking part in the Falcon Football Camp. (Initials)\_\_\_\_\_

I, as a parent or legal guardian, acknowledge and fully understand that the participant will be engaging in activities that may result in injury. Further, that there may be other risks not known to or is not reasonably foreseen at this time. I hereby consent to said campers participation and assume all the risks of his/her personal injury that may result from the football camp activity. (Initials)\_\_\_\_\_

I release, waive, discharge, and covenant not to bring legal action upon the Lake Dallas Independent School District, Lake Dallas High School, Falcon Football Camp, employees, contractors, agents, all instructors, all participants and anyone associated with it's operation. (Initials)\_\_\_\_\_

I hereby authorize the staff of the Lake Dallas Football Camp to act for me according to their best judgment in any emergency requiring medical attention. I authorize and give consent for Falcon Football Camp staff to administer general first aid for any minor injuries or illnesses experienced by my child. If my child is in need of emergency medical care and Falcon Football Camp staff is not able to reach me or the emergency contact, I authorize Falcon Football Camp staff to sign all necessary papers and arrange for emergency treatment and hospital care. (Initials) \_\_\_\_\_

**Parent/Guardian**

Name (print): \_\_\_\_\_

Signature: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Work Phone: \_\_\_\_\_

Cell Phone: \_\_\_\_\_

**Emergency Contact**

Name (print): \_\_\_\_\_

Home Phone: \_\_\_\_\_

Work Phone: \_\_\_\_\_

Cell Phone: \_\_\_\_\_



**LAKE DALLAS HIGH SCHOOL**

3016 Parkridge  
Corinth, Texas 76210

**Contact:** Coach Ronnie Smith  
(940) 497 - 1425  
rsmith@ldisd.net



**July 31- August 2**

**FALCON STADIUM**

**7th - 9th Grades**

**8:00 am - 10:00 am**

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**KICKING CAMP**

**10:10 am - 10:50 am**

**QB Camp**

**10:10 am - 10:50 am**